

Day Trips

What Clothing Should You Bring?

The basic principles of layering for outdoor activities apply to Sea Kayaking in Alaska.

We recommend: 2 sets warm clothing – Be ready for rain or shine!

Base Layer or Undergarments: top and bottom layer, made preferably of wool, silk, capilene or polypropylene. They are excellent sources of warmth even when wet. This thin layer wicks moisture away from skin, keeping you warm and dry!

Upper Body: midweight insulation layer of wool, capilene, or fleece.

Lower Body: base layer should be sufficient under rainpants, however a pair of fleece, or nylon travel pants are always a good option. Leave those jeans at home!

Feet: wool, smart wool, synthetic, or neoprenesocks. We provide high top rubber boots for all participants, however, if you have your own, we suggest you bring them to insure proper fit and maximum comfort.

Hands: wool, synthetic or neoprene gloves. Neoprene is always preferred in rainy conditions. "Pogies", which are coverall mittens that attach to the paddle, are also good.

Head: 80% of your body heat escapes from your head. Be sure to bring adequate headwear. A wool or synthetic hat is recommended. A wide brimmed hat is also nice to protect you from the rain or sun.

Rain Gear: There is no substitute for quality rain gear. We do provide basic rain gear if your's is inadequate.

Second Set:

This can be any additional clothes in case you get cold or wet.

Also bring:

Sack Lunch

Water Bottle

Sun glasses (and holders such as croakies or chums) Sun screen

Insect repellent

Toilet paper

Optional: camera, film and binoculars (preferably water proof)

***We will provide you with dry bags for your lunch, clothes, and gear!**

Warning: Cotton is inappropriate for paddling. It holds water and will keep you cold!